

# Semaglutide Injection Steps

## NEW For 5mg/ml Vial

### **Assemble supplies**

You will need your medication vial, one of the provided syringes, and an alcohol swab.

### **Wash hands & prepare injection site**

Clean the injection site with the alcohol swab and let the skin dry.

### **Draw up the medication**

- 1) Remove the seal on the top of the vial and wipe with alcohol
- 2) Remove the orange cap off the needle
- 3) Hold the syringe like you hold a pen or a dart, inserting the needle into the middle of the rubber stopper perpendicular, so the needle does not bend.
- 4) Together, turn the vial and syringe upside down.
- 5) Make sure the tip of the needle is in the liquid.
- 6) Pull the plunger down, past the dosage prescribed. Then, push up to the prescribed dosage, as this will remove all air bubbles.
- 7) Once you have the correct amount of liquid, pull the entire syringe out of the vial.

### **Subcutaneous Injection**

- 1) Pinch the injection site to create a firm surface.
- 2) Inject two inches on either side of the belly button or back of arm or thigh.
- 3) Insert the needle into the skin between the index finger and thumb at 90 degrees.
- 4) Using a slow and constant pressure, push the plunger rod until it reaches the bottom.
- 5) Gently pull the syringe out of the skin.
- 6) Discard the needle in a sharps container or plastic bottle with top.

Always check your medication to ensure it is clear and colorless. Contact your provider if the liquid is cloudy, discolored, or contains particles.

### **Dosage**

The medication is administered once weekly, on the same day each week. Injections can be done at any time of the day, with or without meals. If you are on...

**0.75mg - fill syringe to 15 mark**

**1.25mg - fill syringe to 25 mark**

**1.75 mg - fill syringe to 35 mark**

**2.25 mg - fill syringe to 45 mark**

**1.0mg - fill syringe to 20 mark**

**1.50mg - fill syringe to 30 mark**

**2.0 mg - fill syringe to 40 mark**

**2.5 mg - fill syringe to 50 mark**

*(to get the last bit out of product out of vial - carefully remove metal ring using bottle opener and pull rubber stopper out)*

### **Storage**

Keep semaglutide injections out of reach of children.

Semaglutide does not need to be refrigerated.

### **Continue seeing the doctor**

It is important that your doctor check your progress in regular monthly visits.

### **Possible side effects**

loss of appetite  
light-headed or dizzy  
persistent lethargic feeling

gastrointestinal discomfort/pain  
diarrhea  
nausea or vomiting